7 A DAY IN THE LIFE...

A Day in the Life of an MP in their Riding

NAME OF MEMBER OF PARLIAMENT	
NAME OF POLITICAL PARTY	
NAME OF RIDING	
LOCATION OF CONSTITUENCY OFFICE	
DISTANCE (Constituency Office to Ottawa, Ontario)	

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Eg. 7:00	*Answer mail and phone messages*	*Attend pancake breakfast*	*Phone into radio talk show*	*Answer mail and phone messages*	*Write speech for award tonight*	*Breakfast meeting*	*Fly back to Ottawa*

NOTES/OBSERVATIONS: